

## TAZIM ELKINGTON

### The Indian Black Butterfly

Tazim Elkington a.k.a The Indian Black Butterfly offers unique methodologies that have empowered countless individuals and groups to live more fulfilled lives.

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Her array of services include being an “Evolutionary Disrupter,” 21st Century Corporate Authentic Leadership Trainer, Speaker, Writer, Paradigm Shifter and her more recent addition as one of Kenya's most successful Hypnotherapists which includes Transpersonal Regression and Talk Therapy. Hypnotherapy is an invaluable tool for healing and understanding at the deepest levels for her clients.

Tazim is certified by the Austraiasian Board as a Psychosomatic Therapist added to her countless accolades and awards for her work within various fields locally in Kenya and internationally.

Tazim's quest began with herself over 30 years ago. Having worked in high profile positions from General Manager to Director of Sales & Marketing to Managing Consultant, all that glam and glitz did not cut it for her. Life has been a challenge for Tazim since her childhood that brought countless life issues to the surface. The only place to find the answers were inside herself, invaluable wisdom she now shares in her work and daily life.

Transcendental Meditation led Tazim to becoming a TM-Sidha (an advanced practitioner) in 2006 which catapulted her to going even deeper and learning to transcend the many layers of life. Tazim returned to Kenya a decade ago after living in Canada for nine years and started to carve her own path with her unique methodologies that would challenge people to live their best lives possible.

Authenticity, integrity and open communication are the groundwork of her life! Her profound understanding of Universal Values is the foundation for her work which creates immense shifts within leaders, organizations, family units and individuals. Tazim's sessions are unconventional and ground-breaking. She disrupts distorted beliefs, behaviours, perceptions, habits and attitudes! She has impacted lives globally including Kenya, Canada, USA, Ghana, Nigeria, Rwanda, United Kingdom, Italy, Papua Guinea and more... When engaging with Tazim be ready to (R)Evolutionized!