



# MUCHA MLINGO

EQ Practitioner & Assessor  
International Keynote Speaker  
Master Facilitator

## Contacts/Bookings

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“ People are a company's most valuable asset - more valuable than the physical office, data & capital. ”  
~Mucha Mlingo

### Trusted By

Mucha is the Founder of Premier Training Services Ltd (PTS). PTS provides high impact training solutions in Sales, Service & Leadership. Mucha has a Masters in Finance from the University of Brunel and she is currently working to complete a Masters in Organisational Psychology with the University of London.

Mucha is a Certified Trainer of Trainers with over 10 years' experience in training & curriculum development. She is also a licenced Six Seconds Emotional Intelligence Practitioner and Assessor.

Six Seconds is a Not For Profit Organisation whose primary focus is to support people to create positive change. Through 20 years of global experience and extensive research, Six Seconds has shown that the scientifically-based skills of emotional intelligence (EQ) are essential for change. These skills are learnable, and predict stronger effectiveness, wellbeing, relationships, and quality of life.

As a Master Facilitator & International Keynote Speaker, Mucha utilises the Six Seconds learning methodology & EQ Model, a robust and practical tool for training & coaching in Sales, Customer Experience & Leadership.

Mucha is the 2018/19 President of the Organization of Women in International Trade (OWIT), Nairobi Chapter. OWIT Nairobi is a non-profit, professional organization that supports the advancement of women in international trade and business by providing networking and educational opportunities.

Mucha believes that people are a company's most valuable asset - more valuable than the physical office, data & capital and she is passionate about utilising training & speaking opportunities to drive impact & cultivate a high performance culture.

# PROFILE