

Day One: Social & Emotional Learning – The Heart of Education

Time	Topic	Speakers/Facilitators
8am	Registration	Registration Team
8.30 – 9am	Introduction & Welcoming Remarks	Mucha Mlingo MD, Premier Training Services Ltd Six Seconds Preferred Partner, Kenya. Joshua Freedman CEO, Six Secinds Online
9am – 9.30am	Keynote Address	Jayne Morrison Regional Network Director, Middle East, Africa & India Six Seconds
9.30-10.45am	Panel Discussion: ReShaping Africa's Education: The Impact of Social & Emotional Learning Q & A	Purity Kagwiria- Invited Executive Director, Akili Dada Rebecca Ume- Invited Founder & Director, Metis Moderator: Soiya Gecega Founder, The Vale School

10.45 – 11.15am

TEA BREAK.

11.15 – 12.15pm	The Promise of Kenya's Education System	Amb. Dr Amina C. Mohammed – invited Cabinet Secretary, Education, Kenya Dr Julius Jwan Director/CEO, Kenya Institute of Curriculum Development Dr Mercy Karogo, MBS Director, Kenya National Examination Council
12 – 1pm	Armchair Discussion:	Wanjira Mathai Wangari Maathai Foundation David Njeregere Kenya National Examination Council Moderator: Mucha Mlingo MD, Premier Training Services Ltd

1 – 2pm

LUNCH

2.00pm– 2.15pm

Transition to Break Out Sessions.

2.15pm-3pm	Break Out Sessions: Leveraging EQ To Optimise Performance, Round 1.
	Breakout Session I: Mindfulness – Cultivating Balance In The Classroom Soiya Gecaga Founder, The Vale School
	Breakout Session II: Navigating Emotions To Drive Engagement Mucha Mlingo MD, Premier Training Services Ltd
	Breakout Session III: On Purpose – Unlocking Your Power & Potential Wanjira Mathai Chair, Wangari Maathai Foundation

2.55pm– 3.10pm

Transition from Break Out Sessions.

3.10pm-3.55pm	Break Out Sessions: Leveraging EQ To Optimise Performance, Round 2
	<p>Breakout Session I: Mindfulness – Cultivating Balance In The Classroom</p> <p>Soiya Gecaga Founder, The Vale School</p>
	<p>Breakout Session II: Navigating Emotions To Drive Engagement</p> <p>Mucha Mlingo MD, Premier Training Services Ltd</p>
	<p>Breakout Session III: On Purpose – Unlocking Your Power & Potential</p> <p>Wanjira Mathai Chair, Wangari Maathai Foundation</p>

3.55pm– 4.05pm

Transition from Break Out Sessions.

4.05 – 4.50pm	Break Out Sessions: Leveraging EQ To Optimise Performance, Round 3
	<p>Breakout Session I: Mindfulness – Cultivating Balance In The Classroom</p> <p>Soiya Gecaga Founder, The Vale School</p>
	<p>Breakout Session II: Navigating Emotions To Drive Engagement</p> <p>Mucha Mlingo MD, Premier Training Services Ltd</p>
	<p>Breakout Session III: On Purpose – Unlocking Your Power & Potential</p> <p>Wanjira Mathai Chair, Wangari Maathai Foundation</p>

4.50pm– 5pm

Transition from Break Out Sessions.

Time	Topic	Speakers/Facilitators
5pm-5.30pm	Wrap Up & Concluding Remarks	Mucha Mlingo MD, Premier Training Services Ltd